

CASA PACIFICA®
CENTERS FOR CHILDREN & FAMILIES

SANTA BARBARA COUNTY COMMUNITY-BASED SERVICES

HOLIDAY GIVING GUIDE • DOVE WISHES

#sharethejoy



For more information, please contact us at:

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SHARE THE JOY OF THE HOLIDAYS WITH AT-RISK CHILDREN AND YOUTH!

Every year, we at Casa Pacifica are amazed by the outpouring of support for our youth and families during the holidays. It's because of donors like you that we can help make the season brighter for those we serve throughout Ventura and Santa Barbara Counties. Our goal is to make this holiday season fun and festive. Join us! Here are some ways you can help:

Fulfill Our Youths' Holiday Wishes – Every year Casa Pacifica launches our Dove Wishes gift giving drive, working with generous individuals, businesses and community organizations to make our youth and young adults' holiday dreams come true.

Make a Financial Donation – Your gift to Casa Pacifica allows us to allocate funds where they are most needed. Whether it's to support activities, gifts, or year-round needs, your donation helps our youth have a holiday that shines!

Donate Gift Cards/Host a Gift Card Drive – Gift cards are especially helpful for our community-based youth who use them for restaurant dinners, celebrating milestones and more.

Help us provide these gift cards by hosting a party or drive at your home, business, school or place of worship. Each gift card helps our youth choose and purchase essential items.

Shop Our Amazon Wish Lists* - Purchase items from our online registries and have them shipped directly to our Santa Maria office! Your purchase helps us provide for the estimated 1,900 children and youth in our care every year.

Adopt a Family – Our Adopt a Family program helps make the holidays a more joyous time for families who receive our services. For many families, these gifts will be the only ones they receive during the holidays.

Thank you for helping make this a season of celebration and delight for our kids and families!



* *Please include your name and address on your Amazon Wish List purchases so we can thank you!*

WAYS TO GIVE – DOVE WISHES

Many of our youth do not have the luxury of gathering with family around a Christmas tree or receiving gifts from loved ones.



Each year, Casa Pacifica hosts our Dove Wishes holiday gift drive to create joyful holiday memories for the youth and young adults in our care. Each of our kids can wish for five presents for their holiday gifts: **three wants** – the fun items like gift cards electronics, makeup or a new pair of shoes – and **two needs,** like hygiene products or bedding.

From each youth's wish list, we write every wish on a red dove ornament along with the child's name, age and gender. Simply fulfill the wish and return the **unwrapped gift** to our office or through one of our Dove Coordinators, along with the dove, and help our youth feel special during the holidays!

Want to maximize your gift giving? Host a Dove Wishes drive at your home, office or family holiday party and invite co-workers or family members to donate wish list items or gift cards.

Or, have a friend who has everything? Make a holiday donation in their name at **www.casapacifica.org/donate** and help ensure our kids have the same exciting holiday that so many families enjoy!

Our kids' wishes include:

- **Gift cards**
- **Wired headphones**
- **DVDs** (PG-13 and under)
- **Sporting goods**
- **Board games**
- **Journals**
- **Art supplies including acrylic paint, brushes and canvases**
- **Bed in a bag** (twin size)
- **Vans or Converse** (adult sizes)
- **Sephora make-up**
- **Bath & Body Works body care products, including lotion and body scrubs**
- **Cologne and perfume**
- **Shampoo and conditioner sets** (Pantene, Herbal Essence and Dove preferred)

YEAR-ROUND NEEDS

Casa Pacifica admits a child into one of our programs every five hours, and serves more than 600 youth and families every day. Many of our kids have little to nothing when they come to us. Providing them with essential items like hygiene products, undergarments and new bedding helps restore their sense of self-worth and dignity.

In addition to essential items, we are always in need of fun items like art supplies, crafting materials, electronics, Lego's, board games, and sporting goods. These items help us provide activities, birthday and graduation gifts, items for our Store of Hope and more. Adopt a year-round wish and help support our youth during the holidays, and all year long!

Among the personal items our youth always need:

- Clothing, including socks, undergarments, robes, slippers, leggings and t-shirts
- Personal hygiene products including shampoo/conditioner sets, body wash, and deodorant/clinical strength deodorant
- Beauty products, including body lotion and perfume
- Bedding items such as new bedspreads, sheets and pillows (bed-in-a-bags are ideal!)
- Art supplies including acrylic paint, brushes and canvases
- Earphones/AirPods





ADOPT A FAMILY



Casa Pacifica provides mental health services to families in Ventura and Santa Barbara County every day. For many of the families we work with, the holidays can be an especially difficult time. You can participate in this heartwarming service to our community by adopting one of our families in need.

Families often ask for items such as:

- **Clothing and shoes**
- **Household items including bedding, kitchenware, cleaning and laundry supplies**
- **Hygiene products**
- **Toys and games for their children**
- **Gift cards** (see our families' favorite picks below!)

From the families' wish lists, you simply purchase and pack all the items in a laundry basket. We'll take care of delivering it in time to make their holiday merry and bright!

POPULAR FAMILY GIFT CARDS:

TRADER JOE'S · the Habit BURGER GRILL · McDonald's · Domino's · CHIPOTLE MEXICAN GRILL · T.J.maxx · ROSS · Albertsons · Walmart · Marshalls · Shell · Chevron · GROCERYOUTLET Bargain Market · VONS · FOODS CO. · REGAL

"Here at Casa Pacifica, the holidays are a very special time of the year. Experiencing the many bright smiles, excitement and gratitude from our families when delivering the generous gifts from our donors is very fulfilling. A big thank you from Santa Barbara County!" - *Alondra Zavala, TBS/IHBS Specialist*





MONETARY DONATIONS

Wishes and needs for our kids are accepted with gratitude but one of the most effective ways you can make a difference is through a monetary donation. Monetary donations provide the most flexibility to fulfill the needs of the youth we care for every year, allowing us to take them on outings, make birthday wishes come true and so much more! Give at **www.casapacifica.org/donate.**

"Thank you so much for everything! Without your donations I wouldn't have been able to have given them much, I can't wait to see their faces when they open up the presents!" – *Casa Pacifica Mother of 3*



DONATE GIFT CARDS

Gift cards are one of the most popular holiday requests of our youth, especially teens. Gift cards allow our kids and families to purchase needed items like clothes and household items. Our top requested items are Amazon, Target, Walmart and restaurant gift cards in increments of $25-$50. See below for more of their favorites!

Consider hosting a gift card drive with friends, family and co-workers to give our kids the opportunity to purchase items they need.

ROSS · Domino's · TARGET · Walmart · SUBWAY · METROPOLITAN · TJ maxx · amazon · IN-N-OUT BURGER · REGAL · ULTA BEAUTY · FOREVER 21 · five BELOW · DOLLAR TREE · CHIPOTLE MEXICAN GRILL · PANDA EXPRESS CHINESE KITCHEN · SEPHORA · golden corral · Jack · DUTCH BROS Coffee · McDonald's · TACO BELL · Chick-fil-A



SHOP OUR AMAZON WISH LIST!

You can support our mission and help Casa Pacifica meet the daily needs of the youth we serve by shopping our Amazon Wish List. This registry contains our greatest needs and items are sent directly to our Santa Maria office for distribution to the youth in our care. Every contribution makes a meaningful difference!

Among the items our kids need most:

- **Bedding items including comforters, bedspreads and sheets**
- **Art and craft supplies**
- **Beauty products including body lotion make up**
- **Pencils, crayons and school supplies**
- **Card and board games**

View our complete list:

HELPFUL REMINDERS!

- Please bring unwrapped Dove Wish gifts to our office, located at 2605 S. Miller Street, Suite 101, or your office's Dove Representative with the red dove attached.
  (Our staff needs to scan each gift into our system, so please do not giftwrap your items. If you'd still prefer to bring a wrapped item, please bring your present in a gift bag.)
- Be sure to fill out our holiday donation form for your tax records!
- To honor the kids we serve, all items must be new.
- Please note, we cannot accept items that include glass or sharp objects.

CASA PACIFICA:
WHERE HOPE AND HEALING MEET

For 32 years, Casa Pacifica has helped at-risk children, young adults and their families thrive.

As the largest non-profit provider of children's and adolescent mental health services in Ventura and Santa Barbara Counties, Casa Pacifica specializes in treating children and young adults who struggle with complex mental health challenges such as emotional dysregulation, self-harm, anxiety and depression.

Our multi-disciplinary staff of highly trained clinicians, psychologists, educators, therapists and youth development specialists provide exceptional, evidence-based care to help our youth overcome a wide array of mental health challenges. Our treatment plans are individualized to each youth's unique circumstances and needs, with outcomes that consistently exceed national averages.

After leaving Casa Pacifica:

- **96% of youth are in school**
- **98% live in a home environment**
- **96% have no contact with law enforcement**
- **92% are not psychiatrically hospitalized**

TO LEARN MORE, VISIT WWW.CASAPACIFICA.ORG



Casa Pacifica's Camarillo, Santa Barbara and Santa Maria offices work with more than 1,900 at-risk children, families and young adults annually in outpatient, residential, home and community-based settings. Our main Camarillo campus, located on 25 acres of beautiful park-like grounds, provides a nurturing and therapeutic environment for youth to overcome challenges, to find hope, and to heal.

Our community-based services offer several programs specifically designed to help youth and families achieve success at home and in the community:

- **Therapeutic Behavioral Services:** Short-term, individualized behavioral intervention services for children at risk of out-of-home placement
- **High Fidelity Wraparound:** Intensive, family-centered service targeting foster, probation, and adoption youth at risk of removal from home or returning from a high-level group home
- **Camino a Casa:** Intensive therapeutic mental health program with four levels of care (accepts private insurance)
- **Outpatient Therapy:** Non-specialty mental health services for children, youth, or young adults to age 24 who want help navigating life's challenges (stress, anxiety, relationships, etc.)
- **FURS (Family Urgent Response System):** Hotline for current and former foster youth experiencing a crisis episode
- **ECM (Enhanced Care Management):** Provides extra care management overseeing Medi-Cal benefits available to or children and youth with complex mental and physical health needs

For more information, visit casapacifica.org.















THANKS FOR SHARING THE JOY!

Since we opened our doors in 1994, Casa Pacifica has provided hope and healing to over 56,000 children, young adults and families. Our dedicated donors have been integral to our mission of building bright futures for the most vulnerable in our community.

On behalf of our youth and families, thank you for your generosity and compassion in making our youth's holiday wishes come true. We look forward to sharing the joy for many years to come.

From all of us at Casa Pacifica, happy holidays!

CASA PACIFICA®

CENTERS FOR CHILDREN & FAMILIES

Our Mission: Casa Pacifica inspires hope and nurtures mental health and well-being of children, young adults, and families to realize their full potential.

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